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San Diego Chargers Kicker Nate Kaeding (10) Joined by Punter Mike Scifres (5) in Second Annual Kicks for Kids Program Launch

Chargers Teammates Kick and Punt to help Ronald McDonald House of San Diego

(San Diego, CA) (August 6, 2009) -- San Diego Chargers kicker Nate Kaeding (#10) announced today that a new teammate is joining with him at [Ronald McDonald House of San Diego](#) (RMHSD), to launch the second annual [Kicks for Kids](#) program for the 2009 Chargers Football Season. Chargers punter Mike Scifres (#5) has committed to unite with Nate and punt for the kids this year. The teammates have pledged to support San Diego's Ronald McDonald House Charities (RMHC) for the second annual pledge-driven [Kicks For Kids](#) Program to support the new [Ronald McDonald House](#) and help make life easier for families with sick children.

San Diegans are asked to pledge any amount for each field goal kicked by Kaeding and each punt inside the 20 made by Scifres during the 2009 regular season games, or, fans can make a one-time donation. All contributions are tax deductible. Last year Kaeding kicked 26 successful field goals and Scifres made 31 successful punts.

"Seeing the families at Ronald McDonald House firsthand, I realize how important it is for the community to help these families in crisis," said Kaeding. "My field goals count for the Chargers and for families in need and I encourage everyone who can to help through Kicks for Kids,

"Your pledge dollars will help give San Diego area families of seriously ill children a 'home away from home,'" said Scifres.

Donations can be made by visiting the Kicks For Kids campaign website at www.sdkicksforkids.com or by clicking on the Kicks For Kids link from the San Diego Chargers website at www.chargers.com. Community members are asked to complete and submit an electronic pledge form found at the website. Supporters will be sent a field goal and punt tally and pledge reminder email at the end of the season. For each pledge, donors will receive:

- An exclusive membership into Nate's Locker, his personal e-club. After every game, fans will get an email update from Nate sharing his take on the game
- An official Kicks for Kids pin (for every pledge of \$1 or more per field goal)
- A Kicks for Kids magnet

Supporters will also be entered into a drawing for a chance to win:

- A pizza party for 20 with Nate and Mike at Ronald McDonald House.
- Pledges of \$2 or more per field goal qualify for drawing at end of season.

Since opening its doors in 1980, San Diego's RMHC has provided more than 140,000 nights of lodging for more than 14,000 families whose children face life-threatening illnesses and are receiving treatment at area hospitals. With the opening of the new House located atop a six-story parking garage across from Rady Children's Hospital, the new 47- bedroom Ronald McDonald House quadruples the size of the old 12 bedroom House. It features a new Family Care Center that is open daily to anyone with a child in an area hospital and will serve the needs of 20,000 families each year. The Center offers dining services, a computer lab, arts and crafts room, children's play room, teen center, play yard, faith room, outdoor play areas, laundry, day resting rooms and shower facilities.

RMHC is a 501(C) (3) non-profit that receives 15 percent of its funding from local McDonald's Restaurant owners and operators. The remaining 85 percent needed to operate the house and serve families must be raised through donations from individuals and campaigns such as Kicks For Kids.

For more information on Kicks For Kids, visit www.sdkicksforkids.com or call (858) 467-4750.

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